

**BOX #1** (medium, green, marked with red cross)  
**FIRST-AID**

First Aid book

notebook and pen

2 emergency blankets, light & heavy

flashlight & spare batteries

safety pins & sewing needles

tweezers

scissors

8 pair rubber gloves, surgical weight, small

8 pair rubber gloves, surgical weight, medium

8 pair rubber gloves, extra thick disposable, medium

3 triangular bandages, heavy

6 triangular bandages, light

2 tensor bandages

1 roller gauze, 3" x 10 yd.

1 roller gauze, 2" x 10 yd.

16 gauze pads, 4" x 4"

4 wound dressings, No. 14

adhesive tape

2 pkg. of 6 x Steri-strip skin closures, 1/2" x 4"

2 pkg. of 3 x Steri-strip skin closures, 1/4" x 3"

bandaids

5 cold packs

1 hot pack, small, reusable

3 hot packs, large, reusable

bleach in dropper bottle, & instructions for water purification (more in "BOX #4  
KITCHEN")

Hibitane antibacterial cleanser

25 moist towelettes

heavy paper towel wipes

9 Dettol swabs

150 alcohol swabs  
hydrogen peroxide  
Polysporin ointment  
insect repellants  
Sting Stop swabs  
calamine lotion  
sunscreen

Aspirin, or equivalent  
**applicable prescription medications**

**BOXES #2 & #2A** (small, green)  
**POWER & LIGHT**

**BOX #2**

glo-sticks  
-6 red (30 minute)  
-6 green (12 hour)

4 dozen candles

heavy wooden matches  
-3 cardboard boxes (250 in each) inside zip-lock freezer bags  
-film cannister (waterproof) with sandpaper disc in lid (more in "BOX #3  
TOOLS" & "BOX #4 KITCHEN")  
-misc. matches in tin

4 Bic lighters in zip-lock freezer bag

magnesium block with flint & knife, in zip-lock freezer bag

fine steel wool

waxed fibre fire starter

**Box #2A**

batteries  
-D-cell, 4 doz.  
-9-volt  
-AA

-AAA

flashlight bulbs

-D-cell, 2

-AA

-AAA

—"Stinger"

### **solar/battery powered flashlight**

**BOX #3A** (blue metal with black handle)

### **TOOL KIT**

claw hammer

ball peen hammer

hack saw with replacement blades

wallboard knife with replacement blades

multi-bit screwdriver

heavy pliers with wire cutter

vice grips

crescent wrench

2 open-end wrenches

hex wrenches

measuring tape, 16'

2 pencils

2 pair leather work gloves

2 dust masks

2 pair ear plugs

moist towelettes

**(more of these items in "BOX #3 TOOLS")**

**BOX #4** (large, green)

### **KITCHEN SUPPLIES & EQUIPMENT**

50 large garbage bags

60 large zip-lock freezer bags

75 small zip-lock freezer bags

100 sandwich bags  
2 rolls aluminum foil  
3 rolls paper towel  
1 box heavy wipes  
2 boxes kleenex  
25 moist towelettes

1 frying pan, non-stick  
1 medium cooking pot, non-stick, with lid  
1 small cooking pot, non-stick, with lid  
2 plastic mugs  
4 plastic cups  
plastic glasses  
8 empty yogurt containers with lids

(see also "BUCKET #1 KITCHEN" for other cooking & eating utensils)

matches in waterproof container (more in "BOX #2 POWER & LIGHT" & "BOX #3 TOOLS")

bleach in dropper bottle, and instructions for water purification (more in "BOX #1 FIRST AID")

1 Coleman stove instruction pamphlet  
paper, pencils, pencil sharpener, eraser, games, reading materials, magnifying sheet, in zip-lock freezer bag

**BOX #5** (large, blue)  
**HER CLOTHING**

1 Goretex rain jacket  
1 pair ski warm-ups  
1 nylon rain shell  
1 pair rain pants  
2 garbage bags, orange or yellow

2 wool touques

3 pair mitts/gloves  
1 scarf  
2 sun hats  
1 pair work gloves (more in "BOX #3 TOOLS")  
1 mosquito net headgear

2 pair pants  
1 pair shorts  
2 heavy wool sweaters  
2 cotton turtleneck shirts  
2 cotton long-sleeved shirts  
4 t-shirts

2 "long john" shirts  
1 pair "long john" bottoms  
3 pair underpants  
1 bra  
8 pair socks (light & heavy)

1 pair running shoes  
1 pair rubber boots

1 towel

#### **sanitary supplies**

#### **BOX #6 (large, blue)** **HIS CLOTHING**

1 rain jacket  
1 winter jacket c/w padded hood  
1 fleece or outdoor vest  
1 pair snowpants  
2 large garbage bags, orange or yellow

1 wool or fleece Balaclava or touque  
2 scarves

1 pair insulated mitts  
1 pair gloves  
2 ball caps  
1 mosquito net headgear

2 pair jeans  
1 pair shorts  
2 sweaters  
2 woolen or fleece shirts  
6 t-shirts

1 "long john" shirt  
2 pair "long john" bottoms  
4 pair underpants  
4 pair light socks  
2 pair heavy socks

1 pair running shoes

**1 towel**

**BOX #7** (large, green)  
**BEDDING**

2 winter sleeping bags  
3 wool blankets

**BOX #8** (large, green)  
**BEDDING**

6 wool blankets

## OTHER EQUIPMENT AVAILABLE:

camping gear

tents

tarps c/w with telescoping poles

sleeping mattresses

Coleman & Primus white gas stoves

Coleman white gas lantern with spare mantles

white gas fuel

“grilla” grill

axe

household propane BBQ

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BOX #3 (medium, green)

## TOOLS

books

First Aid

Rescue Skills

Scout Field Book

paper, pen and pencils (more pencils & sharpener in “BOX #4 KITCHEN”)

card with emergency contact numbers & emergency radio stations

(CFAX 1070 AM & CKDA 1200 AM)

car keys

cash, in quarters & \$5 bills

portable radio & spare batteries, labelled with emergency radio stations

(CFAX 1070 AM & CKDA 1200 AM)

pet leashes in fanny pack

flashlight & spare batteries (more batteries in “BOX #2A POWER & LIGHT”)

2 whistles on cords

flares & 2 fusees (20 min.)

matches in waterproof cannisters (more in "BOX #2 POWER & LIGHT" and BOX #4 KITCHEN")

magnifying glass

mirror

flagging tape, orange, pink & blue

claw hammer

screwdriver with assorted bits

assorted wrenches (eg. gas & water shut-off)

kitchen shears

sheath knife

large roll nylon pullstring

ropes, various (more in garage & vehicles)

2 rolls duct tape

1 roll packing tape

nails, small & large

sewing kit & safety pins

2 reflective vests

8 dust masks

4 pair ear plugs

4 pair work gloves

4 pair rubber gloves, light weight, medium (more in "BOX #1 FIRST AID")

**(more tools in "BOX #3A" blue metal "TOOL KIT")**

**PLASTIC BUCKET #1**  
**EATING & COOKING UTENSILS, DISHWASHING EQUIPMENT**

Eating and cooking utensils:

2 plastic plates

2 plastic bowls

5 metal pie plates

3 plastic mugs

2 sets "camp cutlery"

misc. stainless cutlery

misc. plastic cutlery

1 spatula

1 stirring spoon

2 paring knives

Dishwashing equipment:

2 plastic pot scrubbers

1 bottle dish soap

2 tea towels

1 dishcloth

2 pair rubber gloves

Use plastic bucket as wash basin

**PLASTIC BUCKET #2**  
**TOILETRIES**

4 bars of soap with holder

3 packets of shampoo

2 toothbrushes

2 tubes of toothpaste

1 dental floss

3 safety razors

1 hairbrush

safety pins (more in "BOX #3 TOOLS")

2 hair elastics

face lotion

sunscreen

lip balm

4 washcloths

2 towels

spare prescription glasses

lens cleaning cloth

sanitary supplies

Use plastic bucket as wash basin

**PLASTIC BUCKET #3**  
**SANITATION**

8 rolls toilet paper in zip-lock freezer bags

4 dozen kitchen sani-bags

large garbage bags

twist ties

**Use this sani-bag lined plastic bucket as toilet, and dispose of used sani-bags in large garbage bag**